

**ANNUAL KEMETIC RELIGION AND KEMETIC YOGA
2016 WINTER SOLSTICE RETREAT AND FESTIVAL**

REGISTRATION INFORMATION PACKAGE

HTP (Peace) and DUA (Blessings)!

On behalf of the Sema Institute of Yoga, Temple of Shetaut Neter/Temple of Aset, Sebai Maa, Seba Dja, and the conference organizing committee, we would like to extend a formal welcome to you for your anticipated participation at this winter's Conference. Within this/these pages, hopefully you will find answers to all of the questions you may have pertaining to the event. If after **thoroughly reading the entire document**, you still have questions, Uab Ra Tem can be reached at 704-780-2879, or at uabratem@aol.com. Otherwise, you can call Uab Set-na Nebi Ra at 678-437-7768, or e-mail him at nebira@gmail.com. If you are unable to reach either Uab Ra Tem or Uab Set-na, you may contact the Sema Institute at 305-378-6253.

Registration will be on a first come basis. We will refund the deposit if registration becomes full and we cannot accommodate you.

WHEN

The Conference will take place on **Thursday December 29, 2016 thru Sunday, January 01, 2017**. The program will begin at 6:00 pm on the 29th for dinner and will conclude at approximately 12 pm or so on Sunday the 1st. Those who can stay for lunch are welcome to do so.

WHERE

The Conference will be held at the beautiful and natural setting of the **Casa San Carlos**, in Delray Beach, Florida. The address is 9600 W. Atlantic Ave. Building C. Casa San Carlos is approximately 40 minutes' drive Ft. Lauderdale airport.

<http://casasancarlos.org/>

Check-in: 3:00 PM

Dinner begins approximately: Thursday, December 29th @ 6:00 PM

PROGRAM

The program includes the Tjef Neteru Sema Paut (Egyptian yoga) exercise workout and the Glorious Light Meditation Practice, the oldest codified meditation system from Kamit (Ancient Egypt), Africa. Then participants will continue to remember and reconnect with your spiritual Self as the day unfolds with Kamitan spiritual lectures, worship, drumming, singing of divine music, chanting of Kamitan Hekau (divine words of power, mantras) and ritual.

Cost & Registration

Registration fee is \$465. **If and only if there is room available**, we will offer a late (after or on December 29) registration. ALL costs include dinner on Thursday the 29th, three meals on Friday and Saturday, breakfast and lunch on Sunday. The registration fee also includes housing (lodging) for the entire stay.

FOOD

The meals will be non-dairy vegetarian/vegan. **NO MEAT, DRUGS, MARIJUANA, CIGARETTES OF ANY KIND or ALCOHOL of any kind will be served to our conference attendees.** The meals will be a combination of live foods (raw) and foods that are cooked.

If a vegetarian/vegan live foods predominant menu is a departure from your regular diet, and if you have any health conditions; e.g., diabetes, or dietary restrictions that may be adversely impacted by this dietary change, consult with your doctor and get their permission to attend this program.

Also, speak with Seba Dja directly at 305-378-6253. We may be able to accommodate your special dietary needs (with the exception of meat) if we know your situation in advance.

Note: In addition, anyone having a doctor's consent to attend the program is advised to contact and inform Seba Dja of any condition or illnesses, including but not limited to diabetes, high blood pressure, heart or respiratory disease, back or other orthopedic problems. You can EMAIL Seba Dja at sebadjaunnefert@aol.com. If you do not get a response within 48 hours, please contact Uab RaTem @ uabratem@aol.com.

TRANSPORTATION TO THE RETREAT CENTER

Transportation to the Casa San Carlos is the responsibility of each person.

AIR TRAVEL

Two Closest Options:

1. West Palm Beach International (PBI):

- From West Palm Beach International (PBI) the Casa San Carlos 9600 W. Atlantic Ave. Delray Beach, FL 33446 the actual distance is 25 miles.
- This is a smaller airport than Ft. Lauderdale with few air carriers but is less crowded and traffic is usually better from there to Delray. For more information go to <http://www.pbia.org/>
- For Super Shuttle transportation from PBI airport to Casa San Carlos, visit <https://booking.supershuttle.com/selectride> and enter the PBI airport to the Casa San Carlos address. It may be cheaper to book online than via phone [1-800-258-3826](tel:1-800-258-3826), according to the company. At the time when this document was prepared, Round Trip (RT) ranged from \$30 to 80.
- Rental car – you can rent a car at the airport

2) Ft. Lauderdale airport (FLL):

From Ft. Lauderdale airport (FLL) to Casa San Carlos 9600 W. Atlantic Ave. Delray Beach, FL 33446 the actual distance is 36 miles. This is a larger airport with many air carriers, for more information go to <http://www.fortlauderdaleinternationalairport.com/>.

For shuttle information, you can google or visit:

<https://booking.supershuttle.com/selectride> and <https://shuttlewizard.com/shuttles/return/from/FLL/to/33446/passenger/1/children/0>

Note: Relative to getting shuttle, it seems cheaper for an individual to do so from WPBI (PBI).

However, if there is a group of attendees flying into Ft Laud (FLL) and someone reserves a shuttle with shuttle wizard: <https://shuttlewizard.com/shuttles/return/from/FLL/to/33446/passenger/1/children/0> ...then you all can split the fee and it's also reasonable. For example...if there are 10 people, it can be as low as \$55/ per person round trip.

If you wish to stay until the “official” conclusion of the program on Sunday (around 2 pm), air travel departure time booking should try to be made **NO EARLIER THAN 5 or 6:00 PM on Sunday, January 1st.**

LODGING

Lodging for each participant will be at Casa San Carlos. There are 2 beds in each room, one double and one twin. Be aware that participants *will be sharing bathroom facilities but no more than 2 rooms sharing one bathroom.*

WELCOME PACKETS

Registrations received on or before December 19, 2016 are guaranteed a full welcome packet for the Neterian Conference and Retreat. A registration received after that date is subject to a limited welcome packet or while supplies last.

WHAT TO BRING

Pillows, towels and sheets are provided. On the day of arrival, we reiterate that you may want to eat a sufficient non-dairy vegetarian breakfast and lunch and/or bring non-dairy vegetarian snacks to munch on as this will be a long day due to travel. Dinner will not be served until after 6:00 pm. You should bring your own toiletries. This is a retreat center and currently we are not aware of any nearby stores where these types of items can be purchased.

“If then thou learn that thou art thyself of Life and Light, and that thou only happen to be out of them, Thou shalt return again to Life.”

HETEP, ORGANIZING COMMITTEE

ANNUAL KEMETIC RELIGION AND KEMETIC YOGA WINTER SOLSTICE RETREAT AND FESTIVAL

Greetings Attendees!

The registration material for the Annual Kemetic Religion and Kemetic Yoga Winter Solstice Retreat and Festival is enclosed. Please note that a temple protocol will be sent to attendees prior to the conference upon receipt of final registration documents.

After reading the following, if you agree to abide by the requirements as given, sign the bottom of this document and bring with you to the retreat venue. **We must have a signed registration form in legible handwriting from each participant.** No one will be allowed to participate until a signed legible registration form is received from each participant.

PAYMENT

Checks, money orders, or credit cards/debit cards (through PayPal at www.paypal.com) will be accepted. The conference PayPal account is shetautretreat@aol.com. Under no circumstances should anyone send cash. Checks and money orders should be made out to: **Sheti Fund.**

Mail to: Sheti Fund, c/o Foster Joseph, P.O Box 620371 Charlotte NC 28262

REFUNDS: It is understood that acts of God, war, or other events beyond the control of the Sheti Group could prevent the conference from taking place. If something like this occurs prior to December 29, 2016, which would prevent the program from taking place, the entire registration fee will be refunded. It is understood that for all other reasons other than those stated in this form up through December 23, 2016, **\$150 dollars** of the total registration fee is **non-refundable**, except if we cannot accommodate you because registration becomes full. It is also understood that after December 23, 2016, the **entire registration fee amount is non-refundable**, except if we cannot accommodate you because registration becomes full.

Full CONFERENCE SCHEDULE:

Commencement Thursday Dec 29, 2016 with Dinner, around 6 to 7 pm

Friday Dec 30, 2016 ALL DAY,

Saturday ALL DAY,

Conclusion on SUNDAY: 1/2 Day (program ends about 2 pm)

Full Conference Rates [LODGING AND MEALS INCLUDED]:

1. Standard registration fee per (Double Occupancy): \$465
2. Students (13 years through college), rooms shared with two paying adults: \$180
3. Children rate attending children’s program (required for 12 and under): \$170

Single Day Rates (LODGING AND Meals Included):

1. Adult overnight stay: \$180

Conference Rates with MEALS INCLUDED BUT LODGING NOT INCLUDED

(ex. For local attendees who live nearby and therefore, will not stay onsite, but will commute daily between their homes and the venue):

Full Conference Rates – WITHOUT LODGING, MEALS INCLUDED:

- 1) Adults & Students: \$180 per person
- 2) Children under 12 yrs: \$170 per child & Includes Children’s Program

Single Day Rates (NO LODGING, Meals Included):

Day Rates (Lodging not included)	Thurs night (Commence)	All Friday	All Sat	Sun (1/2 day)
Adults, Students	\$20	\$60	\$60	\$40
Children under 12 yrs: Includes Children’s Program Sat & Sun AM	\$10	\$90	\$90 only day \$50 if attended Friday	\$20

FREE COMMUNITY EVENT:

SUNDAY Jan 1 2017: 12 Noon to 2 PM:

Divine Music & Children’s Play

FREE* EVENT For Community/PUBLIC

RSVP: sebadjaunnefert@aol.com

(we need to know how many persons will be in your group)

Sema Institute of Yoga Registration and General Release of Risk

Address: P.O. Box 570459 Miami FL, 33257 Phone: 305-378-6253

Event: _____ Starting DATE: Month _____ Day ____ Year _____

Venue(s) Name: _____ Venue(s) Address: _____

I wish to participate in Sema Institute of Yoga Programs and Classes. As this wish to participate is voluntary on my part, I agree to assume full responsibility for any injuries or damages which may occur to me. I hereby release and forever discharge the Sema Institute of Yoga, their volunteers, their members individually and officers, agents and employees and the Venue from any and all claims, litigations, demands, rights and causes of action of whatever kind I may have arising from or in any way connected to my participation in their programs or/and classes. I also give consent to use photos and images taken at these events in upcoming advertisements or promotions or programs.

Please PRINT (so that it is easily readable) the following information and sign the bottom:

NAME: _____

NAME YOU PERFER TO BE CALL BY (IF DIFFERENT): _____

ADDRESS: _____ Apt # _____ CITY: _____

State _____ Zip Code: _____ Country _____

TELEPHONE: HOME: (_____) _____ WORK: (_____) _____

FAX: (_____) _____ E-MAIL: _____

AGE: _____ MALE/FEMALE (circle) ---If female, are you currently pregnant? No/Yes- How far along? _____

OCCUPATION: _____ TALENTS or SPECIAL SKILLS: _____

EMERGENCY CONTACT (name and phone number): _____

HOW DID YOU HEAR ABOUT OUR PROGRAM? _____

Have you practiced yoga exercises before? Yes No (Circle one)? Have you studied Yoga or Mystical Philosophy before? Explain: _____

Yoga Exercise Agreement: I represent that I am in good health and have no physical illness or ailments, otherwise I have consulted and have my doctor's permission to participate in these classes. PLEASE LIST PHYSICAL ILLNESS, AILMENTS INCLUDING but not limited to high blood pressure, heart or respiratory problems, back or orthopedic problems in this space:

In the event that there are different Yoga Exercise (Tjef Sema Paut Neteru) teachers during this program, I agree to inform each of them of my ailments before each class. Also, I agree that should my condition change from that which I have listed, or any new conditions arise, I will request to update this form and advise the instructor of the changes. NOTE FOR PREGNANT FEMALES: I agree that it is my responsibility to notify/remind the instructor if I am pregnant before each class session (as some postures are not suitable for pregnancy, and there may be substitute teachers periodically).

I, the undersigned have read the above and understand and agree to all the terms set forth. I agree to follow the instruction of representatives of Sema Institute of Yoga. If I fail to comply with the policies and regulations, I may be asked to leave. I certify that I am at least 18 years of age. If under 18 years of age, I will have my parents or guardian read and sign. SIGNATURE:

DATE: _____

IF UNDER 18, NAME & PHONE # OF LEGAL GUARDIAN: _____

IF UNDER 18, SIGNATURE OF LEGAL GUARDIAN: _____

Sema Program Representative _____ Signature of Sema Representative: _____