

Monday June 17 – Day 3: AM Fly to Sohag/Abydos; Visit Temple of Asar (Osiris) in PM

SPECIAL SEGMENT INCLUDED: June 17-June 20 (Days 3 – 6)



We will fly from Cairo to Sohage airport, and then travel by coach to Abydos (Abdu), about ½ hour away. From June 16 to June 19 we depart from the ordinary Tour itinerary of Egypt experienced by regular tourists to experience a special time arranged by Seba Dja personally. The usual tour of Egypt travels to many sites and rushes through the temples of Osiris (Asar) and Denderah (Hetheru) and there is little privacy to practice one's chosen African culture meditations and rituals in one's own time. We will have time and privacy to commune with ourselves, our wisdom and the spiritual site as in no other trip.

In Abdu, the City of Asar (Osiris) we will experience extended time with a special daily program created by Seba Dja with lectures, daily Shedy (spiritual disciplines) practices, including meditation, chanting and divine singing and ritual. We will see the temple of Osiris on our own time. This is special study and reflection and meditation time to imbibe the presence in Egypt, and other activities TBA.

Hotel | House of life | (002) 0101 000 8914 | Abydose /Sohage | Sohage | www.houseoflifeabydos.com

Friday June 21 – Day 7: Depart Abydos. Stop For Extended Visit to Temple of Hetheru (Hathor) at Dendera on our way to Luxor.



After Dendera, we will journey to Luxor & Check in to our CRUISE Ship.

Extension Travel
56 El Nozha St.
Heliopolis, Cairo. Egypt.
Tel: + 202 24154317 , 22901036.



Then we will have an Evening Visit To the Luxor Temple which his open until 9 pm. After the Temple visit, on our way back to the Hotel, we will Visit Aboudi Bookstore & Gift Shop for Shopping, as they will open late to accommodate us.